

## COURSE CALENDAR FOR 2026 (HQ, BEACH ROAD)

Address: 420, Beach Road, Singapore 199582 Tel: 6298 0300

Name of Course	Language	Jan 26	Feb 26	Mar 26	Apr 26	May 26	Jun 26	Jul 26	Aug 26	Sep 26	Oct 26	Nov 26	Dec 26
<b>Standard First Aid with CPR + AED (NROC COACHES)</b>  Duration: 17 hours  Course Fee: \$170 + GST	ENGLISH	5-6	2-3	2-3	6-7	4-5	2-3	6-7	3-4	8,9	5-6	2-3	8-9
		13-14	10-11	10-11	20-21	12-13	9-10	14-15	12-13	14,15	13-14	11-12	14-15
		19-20	23-24	16-17	27-28	18-19	15-16	20-21	17-18	21-22	19-20	16-17	21-22
		26-27	24-25	23-24	28-29	25-26	22-23	27-28	24-25	22,23	26-27	23-24	22-23
		27-28		24-25			23-24	28-29	31 Aug-1 Sep	28-29	27-28	24-25	28-29
				30-31			29-30					30 Nov-1 Dec	
	CHINESE	12-13	9-10	9-10	14-15	11-12	8-9	13-14	11-12	7-8	12-13	10-11	7-8
<b>Standard First Aid (Refresher) with CPR + AED (NROC COACHES)</b>  Duration: 14 hours  Course Fee: \$145 + GST	ENGLISH	5-6	2-3	2-3	6-7	4-5	2-3	6-7	3-4	14-15	5-6	2-3	8-9
		13-14	10-11	10-11	20-21	12-13	9-10	14-15	12-13	15-16	13-14	11-12	14-15
		19-20	23-24	16-17	27-28	18-19	15-16	20-21	17-18	21-22	19-20	16-17	21-22
		26-27	24-25	23-24	28-29	25-26	22-23	27-28	24-25	28-29	26-27	23-24	22-23
		27-28		24-25			23-24	28-29	31 Aug-1 Sep	29-30	27-28	24-25	28-29
				30-31			29-30					30 Nov-1 Dec	
	CHINESE	12-13	9-10	9-10	14-15	11-12	8-9	13-14	11-12	7-8	12-13	10-11	7-8
<b>Occupational First Aid with CPR + AED</b>  Duration: 25 hours  Course Fee: \$310 + GST	ENGLISH	7-9	4-6	4-6	8-10	6-8	3-5	1-3	5-7	2-4	7-9	4-6	2-4
		13-15	10-12	10-12	14-16	12-14	9-11	8-10	11-13	8-10	13-15	10-12	8-10
		21-23	24-26	17-19	21-23	19-21	17-19	14-16	19-21	16-18	21-23	18-20	16-18
		27-29	25-27	24-26	22-24	20-22	23-25	22-24	25-27	22-24	27-29	24-26	21-23
		28-30		25-27	28-30		24-26	28-30	26-28	23-25	28-30	25-27	28-30
				31 Mar-2 Apr				29-31		30 Sep-2 Oct			
	CHINESE	14-16	11-13	11-13	15-17	13-15	10-12	15-17	12-14	9-11	14-16	11-13	9-11

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Name of Course	Language	Jan 26	Feb 26	Mar 26	Apr 26	May 26	Jun 26	Jul 26	Aug 26	Sep 26	Oct 26	Nov 26	Dec 26
<b>Occupational First Aid (Refresher) with CPR + AED</b>  Duration: 19.5 hours  Course Fee: \$280 + GST	ENGLISH	7-9	4-6	4-6	8-10	6-8	3-5	1-3	5-7	2-4	7-9	4-6	2-4
		13-15	10-12	10-12	14-16	12-14	9-11	8-10	11-13	8-10	13-15	10-12	8-10
		21-23	24-26	17-19	21-23	19-21	17-19	14-16	19-21	16-18	21-23	18-20	16-18
		27-29	25-27	24-26	22-24	20-22	23-25	22-24	25-27	22-24	27-29	24-26	21-23
		28-30		25-27	28-30		24-26	28-30	26-28	23-25	28-30	25-27	28-30
				31 Mar-2 Apr				29-31		30 Sep-2 Oct			
	CHINESE	14-16	11-13	11-13	15-17	13-15	10-12	15-17	12-14	9-11	14-16	11-13	9-11
<b>Child First Aid</b>  Duration: 20 hours  Course Fee: \$250 + GST	ENGLISH	6-8	7,8,14	7,8,14	11,12,18	9,10,16	6,7,13	4,5,11	15,16,22	5,6,12	3,4,10	14,15,21	5,6,12
		17,18,24	24-26	23-25	28-30	19-21	23-25	21-23	25-27	22-24	20-22	24-26	28-30
<b>Child First Aid (Refresher)</b>  Duration: 17 hours  Course Fee: \$200 + GST	ENGLISH	6-8	7,8,14	7,8,14	11,12,18	9,10,16	6,7,13	4,5,11	15,16,22	5,6,12	3,4,10	14,15,21	5,6,12
		17,18,24	24-26	23-25	28-30	19-21	23-25	21-23	25-27	22-24	20-22	24-26	28-30
<b>Basic Cardiac Life Support + AED</b>  Duration: 1 Day (8 hours)  Course Fee: \$156 + GST	ENGLISH	5,9	2,6	2,6	6,10	4,8	8,12	6,10	3,7	6,11	5,9	2,6	7,11
		12,16	9,13	9,13	13,17	11,15	15,19	13,17	14	14,18	12,16	13	14,18
		19,23	23,27	16	20,24	18,22	22,26	20,24	17,21	21,25	19,23	16,20	21,28
		26,30		23,27	29,30	25,29	29	27,31	24,28	28	26,30	23,27	
				30						31		30	

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Name of Course	Language	Jan 26	Feb 26	Mar 26	Apr 26	May 26	Jun 26	Jul 26	Aug 26	Sep 26	Oct 26	Nov 26	Dec 26
<b>Standard First Aid Instructor Course</b>  Duration: 56 hours (Include Attachment)  Course Fee: \$2,500 + GST	ENGLISH	3,4,1 0	7,8,1 4	7,8,1 4	11,12 ,18	9,10, 16	6,7,1 3	4,5,1 1	1,2,8	5,6,1 2	3,4,1 0	14,15 ,21	5,6,1 2
		26-28	23-25	30 Mar- 1 April	27-29	18-20	22-24	27-29	24-26	28-30	26-28	23-25	21-23
<b>Basic Cardiac Life Support + Automated External Defibrillator Instructor Training Course (BCLS+AED ITC)</b>  Duration: 9 hours  Course Fee: \$375 + GST	ENGLISH	12,16	2,6	2,6	6,10	4,8	8,12	6,10	3,7	7,11	2,5	2,6	7,11
		26,30	23,27	23,27	27,30	25,29	22,26	27,31	24,28	21,25	19,23	23,27	18,21
<b>CPR + AED</b>  Duration: 08:30 – 12.30 (4 hours)  Course Fee: \$82 + GST	ENGLISH	5,8	2,5	2,6	6,9	4,7	8,11	6,9	3,6	7,10	5,8	2,5	7,10
		12,15	9,12	9,12	13,16	11,14	15,18	13,16	11,13	14,17	12,15	10,12	14,17
		19,22	23,26	23,26	20,23	18,21	22,25	20,23	24,27	21,24	19,22	16,19	21
		26,29		30	27,30	25,28	29	27,30	31	28	26,29	23,26	28
													30

## COURSE CALENDAR FOR 2026 (JURONG CENTRE)

Address: Block 209, #01-357, Jurong East Street 21, Singapore 600209 Tel: 6566 1903

Name of Course	Language	Jan 26	Feb 26	Mar 26	Apr 26	May 26	Jun 26	Jul 26	Aug 26	Sep 26	Oct 26	Nov 26	Dec 26
<b>Standard First Aid with CPR + AED (NROC COACHES)</b>  Duration: 17 hours  Course Fee: \$170 + GST	ENGLISH	8-9	5-6	5-6	1-2	7-8	4-5	2-3	6-7	3-4	1-2	5-6	3-4
		14-15	11-12	11-12	9-10	13-14	10-11	9-10	12-13	10-11	8-9	11-12	10-11
		15-16	12-13	12-13	15-16	14-15	11-12	15-16	13-14	16-17	14-15	12-13	16-17
		28-29	25-26	25-26	16-17	28-29	24-25	16-17	26-27	17-18	15-16	25-26	17-18
		29-30	26-27	26-27	29-30		25-26	29-30	27-28	30/9, 1/10	28-29	26-27	29-30
								30-31			29-30		
	CHINESE	22-23	19-20	18-19	23-24	21-22	18-19	23-24	20-21	24-25	22-23	19-20	22-23
<b>Standard First Aid (Refresher) with CPR + AED (NROC COACHES)</b>  Duration: 14 hours  Course Fee: \$145 + GST	ENGLISH	8-9	5-6	5-6	1-2	7-8	4-5	2-3	6-7	3-4	1-2	5-6	3-4
		14-15	11-12	11-12	9-10	13-14	10-11	9-10	12-13	10-11	8-9	11-12	10-11
		15-16	12-13	12-13	15-16	14-15	11-12	15-16	13-14	16-17	14-15	12-13	16-17
		28-29	25-26	25-26	16-17	28-29	24-25	16-17	26-27	17-18	15-16	25-26	17-18
		29-30	26-27	26-27	29-30		25-26	29-30	27-28	30/9, 1/10	28-29	26-27	29-30
								30-31			29-30		
	CHINESE	22-23	19-20	18-19	23-24	21-22	18-19	23-24	20-21	24-25	22-23	19-20	22-23
<b>Occupational First Aid with CPR + AED</b>  Duration: 25 hours  Course Fee: \$310 + GST	ENGLISH	5-7	2-4	2-4	6-8	4-6	8-10	6-8	3-5	7-9	5-7	2-4	7-9
		12-14	9-11	9-11	13-15	11-13	16-18	13-15	11-13	14-16	12-14	10-12	14-16
		26-28	23-25	23-25	27-29		22-24	21-23	18-20	21-23	19-21	16-18	28-30
				30,31/3, 1/4			29-30/6,1/7	27-29	24-26	28-30	26-28	23-25	
									31/8 1-2/9			30/11 1-2/12	
	CHINESE	6-8	3-5	3-5	7-9	5-7	2-4	7-9	4-6	8-10	6-8	3-5	8-10
		19-21		16-18	20-22	19-21	15-17	20-22	17-19	22-24	20-22	17-19	21-23

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<b>Occupational First Aid (Refresher) with CPR+AED</b>  Duration: 19.5 hours  Course Fee: \$280 + GST	ENGLISH	5-7	2-4	2-4	6-8	4-6	8-10	6-8	3-5	7-9	5-7	2-4	7-9
		12-14	9-11	9-11	13-15	11-13	16-18	13-15	11-13	14-16	12-14	10-12	14-16
		26-28	23-25	23-25	27-29		22-24	21-23	18-20	21-23	19-21	16-18	28-30
				30,31/3,1/4			29-30/6,1/7	27-29	24-26	28-30	26-28	23-25	
								31/8 1-2/9			30/11 1-2/12		
	CHINESE	6-8	3-5	3-5	7-9	5-7	2-4	7-9	4-6	8-10	6-8	3-5	8-10
19-21			16-18	20-22	19-21	15-17	20-22	17-19	22-24	20-22	17-19	21-23	
<b>Child First Aid</b>  Duration: 20 hours  Course Fee: \$250 + GST	ENGLISH	17,18 24	14,15 21	14,15 21	18,19 25	16,17 23	9-11	7-9	4-6	8-10	6-8	3-5	8-10
							13,14 20	18,19 25	22,23 ,29	19,20 26	17,18 24	21,22 ,28	12,13 19
<b>Child First Aid (Refresher)</b>  Duration: 17 hours  Course Fee: \$200 + GST	ENGLISH	17,18 24	14,15 21	14,15 21	18,19 25	16,17 23	9-11	7-9	4-6	8-10	6-8	3-5	8-10
							13,14 20	18,19 25	22,23 ,29	19,20 26	17,18 24	21,22 ,28	12,13 19
<b>Basic Cardiac Life Support + AED</b>  Duration: 1 Day (8 hours)  Course Fee: \$156 + GST	ENGLISH	6, 8	3, 5	3, 5	2	5, 7	2, 4	2	4, 6	1, 3	1	3, 5	1, 3
		13, 15	10, 12	10, 12	7, 9	12, 14	9, 11	7, 9	11, 13	8, 10	6, 8	10, 12	8, 10
		20, 22	24, 26	17, 19	14, 16	19, 21	16, 18	14, 16	18, 20	15, 17	13, 15	17, 19	15, 17
		27, 29		24, 26	21, 23	26, 28	23, 25	21, 23	25, 27	22, 24	20, 22	24, 26	22
				31	28, 30		30	28, 30		29	27, 29		29
<b>CPR + AED</b>  Duration: 13:00 – 17:00 (4 hours)  Course Fee: \$82 + GST	ENGLISH	7, 8	4, 5	4, 5	1, 2	6, 7	3, 4	1, 2	5, 6	2, 3	1	4, 5	2, 3
		14, 15	11, 12	11, 12	8, 9	13, 14	10, 11	8, 9	12, 13	9, 10	7, 8	11, 12	9, 10
		21, 22	25, 26	18, 19	15, 16	20, 21	17, 18	15, 16	19, 20	16, 17	14, 15	18, 19	16, 17
		28, 29		25, 26	22, 23	28	24, 25	22, 23	26, 27	23, 24	21, 22	25, 26	23
					29, 30			29, 30		30	28, 29		30

## Notes on Course Calendars

1. Please note that these date(s) are projected only. It does not mean that the projected time blocks are confirmed.
2. Course schedules are subjected to change if it does not meet the minimum number of participants.
3. Course registrations are confirmed through confirmation letter.
4. If the scheduled time blocks are not able to form a class, we will offer alternatives such as the following:
  - (i) To offer alternate time blocks (could be earlier, or later)
  - (ii) To combine with the full course (applicable to refresher courses only) and participants will have to attend the full course to avoid disruptions. However, participants will pay / be billed based on refresher course fees.
5. Lastly, please refer to the table below on the booking procedures.

<b>1</b>	<b>Check Schedule (St John Website)</b>	<p>Scheduling and Registration Website:</p> <p><a href="https://eportal.stjohn.org.sg/">https://eportal.stjohn.org.sg/</a></p>
<b>2</b>	<b>Book Course according to vacancies available</b>	to view the vacancies and to register for the course
<b>3</b>	<b>Acknowledgement Email Received</b>	<p>The acknowledgement email accompanies the registration form generated based on your online submission.</p> <p><b>Note: This does not mean your course is confirmed!</b></p>
<b>4</b>	<b>Course Confirmation Sent</b>	Once there are sufficient participants to form a class, a course confirmation email will be sent to self-sponsored participants or company training coordinators.
<b>5</b>	<b>Proceed with Payment</b>	<p>Self-Sponsored participants may proceed to make payment. Payment Modes Available:</p> <ul style="list-style-type: none"> <li>• Cash</li> <li>• Cheque</li> <li>• Internet Banking</li> <li>• PayNow Bank Transfer</li> <li>• Claim from SkillsFuture Credit</li> </ul> <p><b>Companies will receive e-Invoice from us.</b></p>