

COURSE CALENDAR FOR 2025 (HQ, BEACH ROAD)

Address: 420, Beach Road, Singapore 199582 Tel: 6298 0300

Name of Course	Language	Jan 25	Feb 25	Mar 25	Apr 25	May 25	Jun 25	Jul 25	Aug 25	Sep 25	Oct 25	Nov 25	Dec 25
Standard First Aid with CPR + AED (NROC COACHES) Duration: 17 hours Course Fee: \$170 + GST	ENGLISH	6-7	3-4	3-4	1-2	5-6	2-3	7-8	4-5	1-2	6-7	3-4	1-2
		20-21	17-18	11-12	8-9	19-20	10-11	15-16	12-13	9-10	14-15	11-12	9-10
			24-25	17-18	14-15	26-27	16-17	21-22	18-19	15-16	21-22	17-18	15-16
				24-25	21-22	27-28	23-24	28-29	25-26	22-23	27-28	24-25	22-23
				25-26	28-29		24-25	29-30	26-27	23-24	28-29	25-26	29-30
					29-30		30/6-17			29-30			
	CHINESE	13-14	10-11	10-11	7-8	13-14	9-10	14-15	11-12	8-9	13-14	10-11	8-9
Standard First Aid (Refresher) with CPR + AED (NROC COACHES) Duration: 14 hours Course Fee: \$145 + GST	ENGLISH	6-7	3-4	3-4	1-2	5-6	2-3	7-8	4-5	1-2	6-7	3-4	1-2
		20-21	17-18	11-12	8-9	19-20	10-11	15-16	12-13	9-10	14-15	11-12	9-10
			24-25	17-18	14-15	26-27	16-17	21-22	18-19	15-16	21-22	17-18	15-16
				24-25	21-22	27-28	23-24	28-29	25-26	22-23	27-28	24-25	22-23
				25-26	28-29		24-25	29-30	26-27	23-24	28-29	25-26	29-30
					29-30		30/6-17			29-30			
	CHINESE	13-14	10-11	10-11	7-8	13-14	9-10	14-15	11-12	8-9	13-14	10-11	8-9
Occupational First Aid with CPR + AED Duration: 25 hours Course Fee: \$310 + GST	ENGLISH	8-10	5-7	5-7	2-4	7-9	3-5	2-4	5-7	3-5	1-3	5-7	3-5
		22-24	19-21	11-13	8-10	21-23	10-12	9-11	12-14	9-11	8-10	11-13	9-11
			26-28	19-21	15-17	28-30	18-20	15-17	20-22	17-19	14-16	19-21	17-19
				26-28	23-25		25-27	23-25	27-29	24-26	22-24	26-28	
								30/7-1/8			29-31		
	CHINESE	15-17	12-14	12-14	9-11	14-16	11-13	16-18	13-15	10-12	15-17	12-14	10-12

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Name of Course	Language	Jan 25	Feb 25	Mar 25	Apr 25	May 25	Jun 25	Jul 25	Aug 25	Sep 25	Oct 25	Nov 25	Dec 25
Occupational First Aid (Refresher) with CPR + AED Duration: 19.5 hours Course Fee: \$280 + GST	ENGLISH	8-10	5-7	5-7	2-4	7-9	3-5	2-4	6-8	3-5	1-3	5-7	3-5
		22-24	19-21	11-13	8-10	21-23	10-12	9-11	12-14	9-11	8-10	11-13	9-11
			26-28	19-21	15-17	28-30	18-20	15-16	20-22	17-19	14-16	19-21	17-19
				26-28	23-25		25-27	23-25	27-29	24-26	22-24	26-28	
	CHINESE	15-17	12-14	12-14	9-11	14-16	11-13	16-18	13-15	10-12	15-17	12-14	10-12
Child First Aid Duration: 20 hours Course Fee: \$250 + GST	ENGLISH	6,7,8	3,4,5	10,11,12	7,8,9	5,6,7	2,3,4	7,8,9	4,5,6	1,2,3	6,7,8	3,4,5	1,2,3
		18,19,25	22,23,1/3	22,23,29	19,20,26	24,25,31	21,22,28	19,20,26	23,24,30	20,21,27	18,19,25	22,23,29	20,21,27
Child First Aid (Refresher) Duration: 17 hours Course Fee: \$200 + GST	ENGLISH	6,7,8	3,4,5	10,11,12	7,8,9	5,6,7	2,3,4	7,8,9	4,5,6	1,2,3	6,7,8	3,4,5	1,2,3
		18,19,25	22,23,1/3	22,23,29	19,20,26	24,25,31	21,22,28	19,20,26	23,24,30	20,21,27	18,19,25	22,23,29	20,21,27
Basic Cardiac Life Support + AED Duration: 1 Day (8 hours) Course Fee: \$156 + GST	ENGLISH	6, 10	3, 7	3, 7	4	2	2, 5	4	1	1, 5	3	3, 7	1, 5
		13, 17	10, 14	10, 14	7, 11	5, 9	9, 13	7, 11	4, 8	8, 12	6, 10	10, 14	8, 12
		20, 24	17, 21	17,21	14, 17	13, 16	16, 20	14, 18	11, 15	15, 19	13, 17	17, 21	15, 19
		27, 31	24, 28	24, 28	21, 25	19, 23	23, 27	21, 25	18, 22	22, 26	21, 24	24, 28	22, 26
					28	26, 30	30	28	25, 29	29	27, 31		29

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Address: 420, Beach Road, Singapore 199582 Tel: 6298 0300

Name of Course	Language	Jan 25	Feb 25	Mar 25	Apr 25	May 25	Jun 25	Jul 25	Aug 25	Sep 25	Oct 25	Nov 25	Dec 25
Standard First Aid Instructor Course Duration: 56 hours (Include Attachment) Course Fee: \$2,500 + GST	ENGLISH	10,11 12	4,5,6	7,8,9	11,12 13	9,10 11							
		21,22 23	21,22 23	18,19 20	22,23 24	27,28 29							
Basic Cardiac Life Support + Automated External Defibrillator Instructor Training Course (BCLS+AED ITC) Duration: 9 hours Course Fee: \$375 + GST	ENGLISH				7, 9, 21	5, 7	9, 11, 14	7, 9, 12	11,13 ,16	8, 10, 13	6, 8, 11	3,5,8	1,3,6
					21,23 ,26	19,21 ,24	23,25 ,28	21,23 ,26	25,27 ,30	22,24 ,27	27,29 ,1/11	17,19 ,22	15,17 ,20
CPR + AED Duration: 08:30 – 12.30 (4 hours) Course Fee: \$82 + GST	ENGLISH				3	6,8	3,5	1,3	5,7	2,4	2	4,6	2,4
					8,10	13,15	10,12	8,10	12,14	9,11	7,9	11,13	9,11
					15,17	20,22	17,19	15,17	9,21	16,18	14,16	18,20	16,18
					22,24	27,29	4,26	22,24	26,28	23,25	21,23	25,27	23
					29			29,31		30	8,30		30

COURSE CALENDAR FOR 2025 (JURONG CENTRE)

Address: Block 209, #01-357, Jurong East Street 21, Singapore 600209 Tel: 6566 1903

Name of Course	Language	Jan 25	Feb 25	Mar 25	Apr 25	May 25	Jun 25	Jul 25	Aug 25	Sep 25	Oct 25	Nov 25	Dec 25
Standard First Aid with CPR + AED (NROC COACHES) Duration: 17 hours Course Fee: \$170 + GST	ENGLISH	2-3	6-7	6-7	3-4	8-9	4-5	3-4	13-14	4-5	2-3	6-7	4-5
		9-10	13-14	12-13	9-10	14-15	11-12	9-10	14-15	10-11	8-9	12-13	10-11
		16-17	27-28	13-14	10-11	15-16	12-13	10-11	27-28	11-12	9-10	13-14	11-12
				26-27	23-24	28-29	25-26	17-18	28-29	24-25	16-17	26-27	
				27-28	24-25	29-30	26-27	23-24		25-26	29-30	27-28	
								31/7-1/8			30-31		
	CHINESE	23-24	20-21	20-21	16-17	22-23	19-20	24-25	21-22	18-19	23-24	20-21	18-19
Standard First Aid (Refresher) with CPR + AED (NROC COACHES) Duration: 14 hours Course Fee: \$145 + GST	ENGLISH	2-3	6-7	6-7	3-4	8-9	4-5	3-4	13-14	4-5	2-3	6-7	4-5
		9-10	13-14	12-13	9-10	14-15	11-12	9-10	14-15	10-11	8-9	12-13	10-11
		16-17	27-28	13-14	10-11	15-16	12-13	10-11	27-28	11-12	9-10	13-14	11-12
				26-27	23-24	28-29	25-26	17-18	28-29	24-25	16-17	26-27	
				27-28	24-25	29-30	26-27	23-24		25-26	29-30	27-28	
								31/7-1/8			30-31		
	CHINESE	23-24	20-21	20-21	16-17	22-23	19-20	24-25	21-22	18-19	23-24	20-21	18-19
Occupational First Aid with CPR + AED Duration: 25 hours Course Fee: \$310 + GST	ENGLISH	6-8	3-5	3-5	1-3	5-7	2-4	7-9	4-6	1-3	6-8	3-5	1-3
		13-15	10-12	10-12	7-9	13-15	9-11	14-16	11-13	8-10	13-15	10-12	8-10
			24-26	24-26	21-23	26-28	23-25	28-30	25-27	22-24	27-29	24-26	22-24
					28-30		30/6-2/7			29/9-1/10			
	CHINESE			4-6	14-16	6-8	3-5	8-10	5-7	2-4	7-9	4-6	2-4
	20-22	17-19	17-19	22-24	19-21	16-18	21-23	18-20	15-17	21-23	17-19	15-17	

COURSE CALENDAR FOR 2025 (JURONG CENTRE)

Address: Block 209, #01-357, Jurong East Street 21, Singapore 600209 Tel: 6566 1903

Name of Course	Language	Jan 25	Feb 25	Mar 25	Apr 25	May 25	Jun 25	Jul 25	Aug 25	Sep 25	Oct 25	Nov 25	Dec 25
Occupational First Aid (Refresher) with CPR+AED Duration: 19.5 hours Course Fee: \$280 + GST	ENGLISH	6-8	3-5	3-5	1-3	5-7	2-4	7-9	4-6	1-3	6-8	3-5	1-3
		13-15	10-12	10-12	7-9	13-15	9-11	14-16	11-13	8-10	13-15	10-12	8-10
			24-26	24-26	21-23	26-28	23-25	28-30	25-27	22-24	27-29	24-26	22-24
				28-30		30/6-2/7			29/9-1/10				
	CHINESE			4-6	14-16	6-8	3-5	8-10	5-7	2-4	7-9	4-6	2-4
		20-22	17-19	17-19	22-24	19-21	16-18	21-23	18-20	15-17	21-23	17-19	15-17
Child First Aid Duration: 20 hours Course Fee: \$250 + GST	ENGLISH	11, 12,18	15, 16,22	15, 16,22	12, 13,19	17, 18,24	14, 15,21	12, 13,19	16, 17,23	13, 14,20	11, 12,18	15, 16,22	13, 14,20
Child First Aid (Refresher) Duration: 17 hours Course Fee: \$200 + GST	ENGLISH	11, 12,18	15, 16,22	15, 16,22	12, 13,19	17, 18,24	14, 15,21	12, 13,19	16, 17,23	13, 14,20	11, 12,18	15, 16,22	13, 14,20
Basic Cardiac Life Support + AED Duration: 1 Day (8 hours) Course Fee: \$156 + GST	ENGLISH	2	4, 6	4, 6	1, 3	6, 8	3, 5	1, 3	5, 7	2, 4	2	4, 6	2, 4
		7, 9	11,13	11,13	8,10	13,15	10,12	8, 10	12,14	9, 11	7, 9	11,13	9,11
		14, 16	18, 20	18, 20	15, 17	20, 22	17, 19	15, 17	19, 21	16, 18	14, 16	18, 20	16, 18
		21, 23	25, 27	25, 27	22, 24	27, 29	24, 26	22, 24	26, 28	23, 25	21, 23	25, 27	23
					29			29, 31		30	28, 30		30
CPR + AED Duration: 13:00 – 17:00 (4 hours) Course Fee: \$82 + GST	ENGLISH				7,8	5,6	2,3	1	4,5	1,2	6,7	3,4	1,2
					14,15	13	9,10	7,8	11,12	8,9	13,14	10,11	8,9
					21,22	19,20	16,17	14,15	18,19	15,16	21	17,18	15,16
					28,29	26,27	23,24	21,22	25,26	22,23	27,28	24,25	22,23
								30	28,29		29,30		

Notes on Course Calendars

1. Please note that these date(s) are projected only. It does not mean that the projected time blocks are confirmed.
2. Course schedules are subjected to change if it does not meet the minimum number of participants.
3. Course registrations are confirmed through confirmation letter.
4. If the scheduled time blocks are not able to form a class, we will offer alternatives such as the following:
 - (i) To offer alternate time blocks (could be earlier, or later)
 - (ii) To combine with the full course (applicable to refresher courses only) and participants will have to attend the full course to avoid disruptions. However, participants will pay / be billed based on refresher course fees.
5. Lastly, please refer to the table below on the booking procedures.

1	Check Schedule (St John Website)	Scheduling and Registration Website: https://eportal.stjohn.org.sg/
2	Book Course according to vacancies available	to view the vacancies and to register for the course
3	Acknowledgement Email Received	The acknowledgement email accompanies the registration form generated based on your online submission. Note: This does not mean your course is confirmed!
4	Course Confirmation Sent	Once there are sufficient participants to form a class, a course confirmation email will be sent to self-sponsored participants or company training coordinators.
5	Proceed with Payment	Self-Sponsored participants may proceed to make payment. Payment Modes Available: <ul style="list-style-type: none"> • Cash • Cheque • Internet Banking • PayNow Bank Transfer • Claim from SkillsFuture Credit <p style="text-align: center;">Companies will receive e-Invoice from us.</p>