

Newsletter

I am pleased to provide you with an update on the recent activities and achievements of the National St John Council of Singapore and the Priory of Singapore.

1. In August, the Council received the prestigious CyberSecurity Tier 3 Thrust Mark, recognising our dedication to maintaining a high level of cybersecurity standards.

3. In October, we underwent a comprehensive audit by the Ministry of Health for our Dementia Day Care Centre. Our license for the center has been renewed, affirming our commitment to providing quality care for individuals with dementia.

4. As part of our commitment to sustainability, we installed a solar thermal exchange air conditioning system and solar panels in the HQ Main Building.

5. I am delighted to announce that we have received six Toyota HiAce mini buses,

fully configured to accommodate wheel-chair-bound clients. We have commenced Phase 2 of the Dementia Centre Upgrading Project, with the goal of better meeting the needs of individuals with dementia.

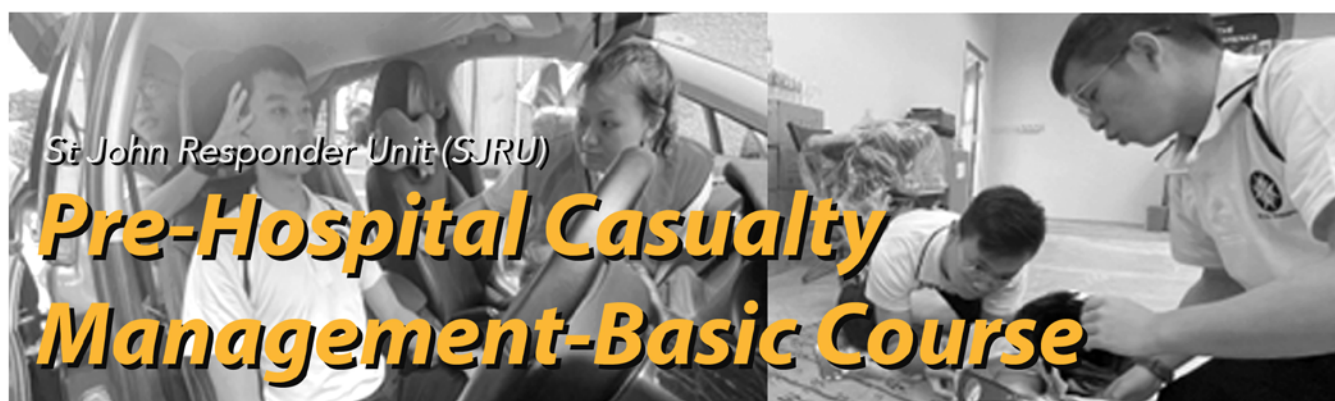
6. In August, we had the honor of the Investiture and Installation of the 3rd Prior of the Priory of Singapore. This marked a new chapter in our organisation's leadership and commitment to serving the community.

These achievements reflect the dedication and hard work of our members. We remain committed to our mission of providing quality care and support to individuals in need. Thank you for your unwavering commitment and contributions.

Prof. Sean P. Rozario, KStJ ➤

Chairman,
National St John Council of Singapore

Prior of the
Priory of Singapore



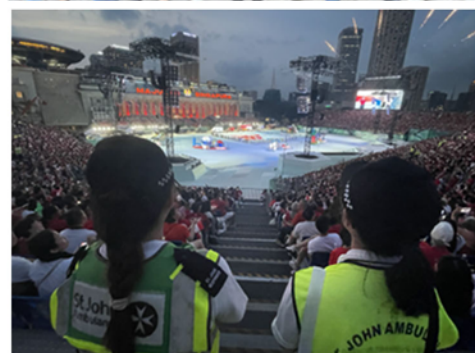
SJRU conducted the Pre-Hospital Casualty Management-Basic (PHCM-B) from 1 – 12 March. Consisting of three course levels, the PHCM courses are designed to equip volunteers with advanced knowledge and skills in managing life-threatening emergencies. Participants are trained on initial assessment, pre-hospital intervention, casualty extrication, and safe transfer of care to other providers.

Participants were awarded with the Prehospital Trauma Life Support for First Responders (PHTLS-FR) certification administered by the National Association of Emergency Medical Technicians (NAEMT). This represents a significant milestone in their progression to becoming professional Emergency Medical Technicians.

A huge congratulations to the 15 newly minted Level 1 Responders!

SJRU Public Duties

As Singaporeans celebrate major events like the National Day Parade and the F1 Grand Prix, teams of committed St John Responder Unit (SJRU) volunteers ensure public safety. We spotlight efforts in the third quarter of 2023, when St John Singapore dived headfirst into the most demanding Public Duties of the year.



National Day Parade

Celebrating Singapore's 58th birthday // Jun - Aug 2023

The National Day Parade found its way back to Padang this year as we celebrated Singapore's 58th birthday. Volunteers from St John Singapore were integral to this momentous event, partnering with multiple agencies to provide first aid cover.

Braving multiple weekends under the sweltering sun, St John members remained vigilant to make sure participants and spectators stayed safe. Their efforts aligned with the theme "Onward as ONE," embodying a spirit of community and unity.

Singapore Grand Prix Formula One

Fast cars, screaming engines, checkered flags. Providing cover for the regions' premiere racing event.

Sep 2023



With more than 100,000 spectators and personnel present, our first aid responders and ambulance teams worked tirelessly for 12-hour shifts during the Singapore Grand Prix. From the initial incident site to hospital transportation, our volunteers were ever-present to provide vital assistance.

A big thank you to all our volunteers – for the tireless dedication and vigilance to serve the community!

National Day Parade



St John Brigade played our part in celebrating Singapore's 58th birthday by forming one of the 10 youth uniformed group contingents at the National Day Parade. Officers from the Northeast District led cadets from across St John Singapore, marching smartly in their distinctive white and black attire to celebrate the nation's birthday.

Our officers and cadets went through multiple weekends of gruelling training to ensure that

they were putting up their best performance. Taking good care of them were the trainers from the Republic of Singapore Navy (RSN).

All the hard work and training culminated in a proud moment representing St John Singapore to celebrate the nation's 58th birthday at the Padang. A salute to the nation we love and cherish.

Onward as One!





Singapore-Malaysia & Asia-Pacific Regional Competition

The 33rd Singapore-Malaysia First Aid and Home Nursing Competition & 2nd Asia-Pacific Regional Youth First Aid Competition



The much anticipated Singapore-Malaysia First Aid and Home Nursing Competition, and the Asia-Pacific Regional Youth Competition returned after a 4-year hiatus. St John Singapore hosted counterparts from Australia, Cambodia, Hong Kong, and Malaysia for an exciting weekend of friendly competition from 21 to 22 July 2023

The event started off with a Friendship Evening, hosted at the Orchid Country Club. Old friendships were rekindled while new bonds were forged in an evening of fun-filled activities and delicious food.



The competition kicked off bright and early on 22 July at Nanyang Polytechnic. Competitors were thrust headfirst into challenging emergency scenarios, putting their first and home nursing skills to the test. Watching how different teams dealt with scenarios allowed for the exchange of best practices and sharing of unique challenges to first aid training in the region.



Spectators got to find about healthcare-related activities at interactive booths set up by partner organisations. Career advisors were also on hand to speak about the diverse opportunities in Singapore's public healthcare sector.

St John Singapore would like to thank the following partners for the successful event:



Singapore Armed Forces Medical Training Institute (SMTI), as judges for the competition.



Nanyang Polytechnic, for hosting the competition.

Alexandra Hospital & National University Hospital

Laerdal Singapore

School of Health and Social Sciences, Nanyang Polytechnic

Singapore General Hospital

Singapore Heart Foundation

NurseFirst by Woodlands Health

St John Responder Unit, St John Singapore

for setting up interactive booths and activities at the event.



Results of the 33rd Singapore-Malaysia First Aid and Home Nursing Competition

Ambulance Adult		Nursing Adult	
✧ Champion	Malaysia	✧ Champion	Singapore
✧ 1st Runner-Up	Singapore	✧ 1st Runner-Up	Malaysia
Ambulance Cadet		Nursing Cadet	
✧ Champion	Malaysia	✧ Champion	Singapore
✧ 1st Runner-Up	Singapore	✧ 1st Runner-Up	Malaysia

Results of the 2nd Asia-Pacific Regional Youth First Aid Competition

✧ Champion ✧	✧ 1st Runner-Up ✧	✧ 2nd Runner-Up ✧
Malaysia	Singapore	Hong Kong



33rd Singapore-Malaysia First Aid and Home Nursing Competition

2nd Asia-Pacific Regional Youth First Aid Competition

21 - 22 July 2023

St John at the Purple Parade



Witness the St John Purple Troopers making their mark at the 11th edition of the Purple Parade!



On 4th November 2023, Suntec City Singapore buzzed with vitality as it hosted the Purple Parade 2023 – a significant event championing inclusivity for individuals with disabilities. This annual extravaganza underscores the nation's unwavering dedication to integrating people with disabilities into its growth. The movement strives for equal access to education, employment, transport, and social networks, fostering a society where everyone is valued. The eleventh edition of the Purple Parade brought together over 13,000 individuals. The spirited and colourful procession showcased talents, creativity, and invaluable contributions to society. Enter the

spotlight, the **St John Purple Troopers** lead by the Council Chairman, with a formidable representation comprising Seniors from the St John Singapore Dementia Centre, alongside dedicated staff members and volunteers from the St John Fellowship. They leverage the Purple Parade as a powerful platform to amplify the message of inclusivity and advocate for equal opportunities for individuals with disabilities. In their vision, everyone is not just respected and valued but considered an equal member of the broader Singaporean family. The St John Purple Troopers truly exemplify the spirit of unity and equality on the grand stage of the Purple Parade!

EDITORIAL BOARD	ARTICLE CONTRIBUTORS	
Editor-in-Chief Dr Benjamin Tan	Mr Chong De Xian MStJJ Northeast District Commissioner St John Brigade	Ms Peh Xue Li Head, Education St John Responder Unit
Deputy Editor Dr Wong Wen Kai	Mr Christopher Tan Head, Operations St John Responder Unit	Ms Serene Luo Head Brigade Communications St John Brigade
Division Editors Mr Eric Chong Ms Serene Luo Mr Christopher Tan	Mr Edwin Leong MStJ, CMSJ Snr Asst Chief Commissioner (Admin) St John Brigade	
Advisors Mr Ma Poh How Mr Timothy Ng	Mr Eric Chong OStJ Honorary Secretary St John Fellowship	

The St John Newsletter is published by the National St John Council of Singapore, a registered charity. Advertisement, sponsorship and contribution of articles are welcomed. Opinions and comments expressed by writers in articles do not necessarily have the endorsement of St John Singapore and we also welcome constructive comments and suggestions. The Editorial Committee reserves the right not to publish any article submitted that it deems unsuitable. Please address all correspondences to: The Chief Editor, St John Newsletter, St John Singapore Headquarters, 420 Beach Road, Singapore 19958.