



Newsletter

Chairman's Message

Leading St John Singapore: A Unified Vision for 2023 and Beyond

As I step into the role of the new Chairman of National St John Council of Singapore, I am filled with a deep sense of responsibility and enthusiasm to lead our esteemed organisation towards a brighter and more united future. With St John Day recently celebrated, it is the perfect occasion to reflect on our accomplishments and set forth a visionary path for the year 2023 and beyond.

One of my primary goals as Chairman is to foster a spirit of collaboration and unity among all units of St John Singapore. Each unit plays a crucial role in the overall success of our organization, and by working together as one cohesive unit, we can maximise our impact on the community. By sharing resources, knowledge, and best practices, we can collectively enhance our services and expand our reach to help more people in need.

Furthermore, I envision St John Singapore becoming a center of excellence in first aid and emergency care. Our volunteers and staff are already well-trained, but continuous education and innovation are essential to keep up with the evolving medical landscape. Investing in advanced training programs and cutting-edge technology will empower our members to provide even more effective and lifesaving assistance during emergencies.

Another critical aspect of our vision for 2023 and beyond is to strengthen our community outreach initiatives. By actively engaging with schools, organisations, and communities, we can promote the importance of first aid awareness and inspire more individuals to join our noble cause. Together, we will strive to make Singapore a safer place, where everyone has access to life-saving knowledge and assistance.

Additionally, fostering a culture of empathy, inclusivity, and diversity within our organisation will be a top priority. We recognize that our volunteers and staff come from various backgrounds and experiences. By embracing these differences, create a more supportive and understanding environment within St John Singapore.

In conclusion, I am deeply honoured to be entrusted with the responsibility of leading St John Singapore. Together, as one united force, we will work towards realizing our vision for 2023 and beyond - a St John Singapore that is not only a **pillar of strength** in times of crisis but also a **proactive force for good**, reaching out and making a difference in the lives of countless individuals across the nation.

Happy St John Day to all, and let us embark on this journey together, with passion and determination.

Prof. Sean P. Rozario ➤
KStJ

Chairman,
National St John Council
of Singapore



Change of Command Ceremony

St John Brigade has welcomed its new Chief Commissioner, **Dr Alvin Ng**, who has risen to the Brigade's pinnacle post over the years since he was a cadet in secondary school.

He was elected to the post, and took over from outgoing Chief Commissioner Dr Nelson Chua, on June 24, 2023, who led the Brigade through its initial years of transformation into the five districts and through the COVID-19 pandemic.



Incoming Chief Commissioner Alvin Ng taking his Oath of Command, witnessed by Prof Rozario.

In his farewell speech, Dr Nelson thanked the Brigade Management Committee (BMC) and the various Department Heads for their unwavering support during his term and looked forward to the new appointment holders' contributions in pushing the St John movement even further.



A memento from the Brigade to Dr Nelson Chua for his contributions as Chief Commissioner

The change of command ceremony also marked the appointment of the new BMC, including the Deputy Chief Commissioner, Chief Medical Officer, Chief Nursing Officer, Senior Assistant Chief Commissioners and District Commissioners. Chairman of the St John Council, Professor Sean Rozario, officiated at the event.



Members of the new BMC, with Council Chairman and Department Heads gracing the event



The event was graced by the Council Chairman, Prof Sean Rozario.

The Brigade would like to thank Dr Nelson and the outgoing BMC for their contributions over the last three years and to congratulate the incoming BMC on their new appointments.

Edwin Leong, MStJ, CMSJ
Snr Asst Chief Commissioner (Admin)
St John Brigade Singapore

St John's Day

Awards Ceremony & Commemoration

8 July 2023 saw two big events: the St John's Day Awards Ceremony and the Brigade Promotion Ceremony.

In the morning, we learnt that our Guest-of-Honour, Mr Sng Chern Wei, the Deputy Director-General of Education from the Education Ministry, was also an old St John boy. He recounted his experience of going to another school as a volunteer to set up a new St John unit.



Guest-of-Honour Mr Sng Chern Wei (middle), with Prof Sean Rozario (left) and Dr Alvin Ng (right)

The highlight of the day was seeing schools and cadets receive Corps Achievement Award trophies, Chief Commissioner badges, as well as appointment letters for new Basic Drill, Corps Home Nursing and Corps First Aid Instructors.



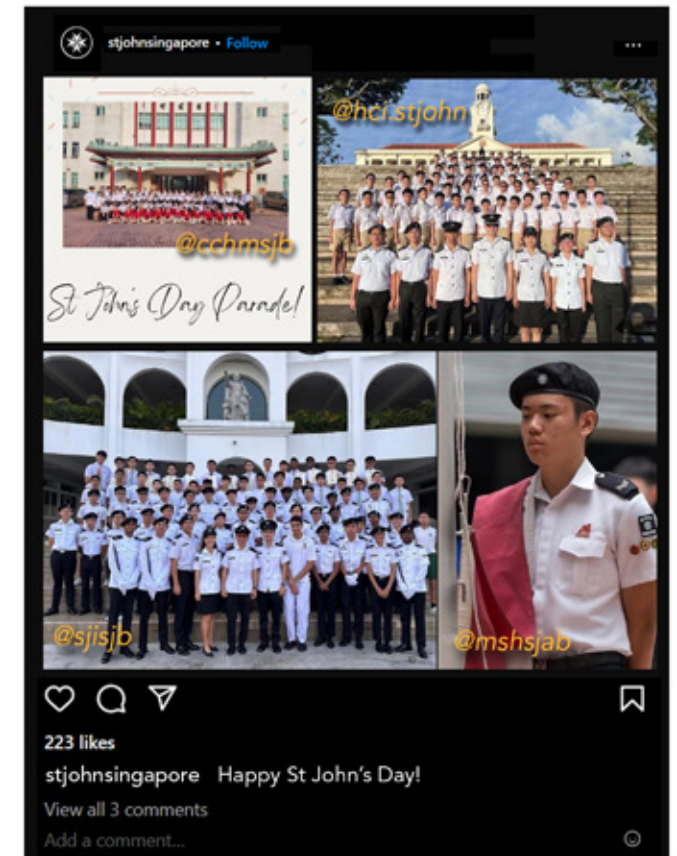
Proud recipients of the Chief Commissioner Badge enjoying their moment on stage

In the afternoon, we recognised those who had received promotions, as well as those who had graduated from the Advanced Drill Instructor (ADI) and Responder Induction Courses (RIC). We celebrate them, not just for their new ranks but even more so for the values like integrity and kindness that they embody.



Proud promotees and graduates from the ADI and RIC with the Brigade Leadership

In July, St John Corps commemorated St John's Day in their schools in various ways. Find snippets of what some of our units did from the Instagram snapshots below!



National First Aid & Home Nursing Competition

After a 3-year hiatus, the National First Aid & Home Nursing Competition (NFAC) made its long-awaited physical comeback on 29 April 2023 at Ngee Ann Polytechnic. A total of 34 teams participated across the 4 categories.

As the first physical NFAC since Brigade Transformation, the teams' grasp of the revised First Aid and Home Nursing syllabi was put to the test through a series of grueling and realistic cases. Teams also showcased their grit and teamwork through the Foot Drill display.

At the end of the event, the Guest-of-Honour, former Chief Commissioner, Professor Christopher Goh, presented the prizes to the winning teams. This was witnessed by the passionate supporters, who showed up in full force and filled up the competition hall.

Congratulations to all prize winners! The Champion team from each category will represent Singapore in the upcoming Singapore-Malaysia First Aid Competition.



The NFAC Organising Committee is pleased to announce the following results:

Ambulance Adult

✦ Champion	Hwa Chong Institution
✦ 1st Runner-Up	Chung Cheng High School (Main)
✦ 2nd Runner-Up	Dunman High School
Best in First Aid Long Case	Dunman High School
Best in First Aid Short Case	Hwa Chong Institution
Best in TOC	Chung Cheng High School (Main)
Best in Foot Drill	Chung Cheng High School (Main)
Best in CPR	Anglo Chinese School (Independent) Hwa Chong Institution
Best Leader	Hwa Chong Institution

Ambulance Cadet

✦ Champion	Dunman High School
✦ 1st Runner-Up	Hwa Chong Institution
✦ 2nd Runner-Up	Catholic High School
Best in First Aid Long Case	Catholic High School
Best in First Aid Short Case	Dunman High School
Best in TOC	Nan Hua High School
Best in Foot Drill	Chung Cheng High School (Main)
Best in CPR	Hwa Chong Institution
Best Leader	Dunman High School

Nursing Adult

✦ Champion	Chung Cheng High School (Main)
✦ 1st Runner-Up	Dunman High School
✦ 2nd Runner-Up	CHIJ St Nicholas Girl's School
Best in First Aid	Chung Cheng High School (Main)
Best in Home Nursing	Dunman High School
Best in Foot Drill	CHIJ St Nicholas Girl's School
Best in CPR	Chung Cheng High School (Main)
Best Leader	Nan Hua High School

Nursing Cadet

✦ Champion	Chung Cheng High School (Main)
✦ 1st Runner-Up	Nan Hua High School
✦ 2nd Runner-Up	Deyi Secondary School
Best in First Aid	Chung Cheng High School (Main)
Best in Home Nursing	Nan Hua High School
Best in Foot Drill	Chung Cheng High School (Main)
Best in CPR	Chung Cheng High School (Main)
Best Leader	Nan Hua High School

➤ **Dr Arturo Neo**
Deputy Chief Judge, NFAC 2023
DMO (3) - District Medical Officer Grade 3

Alumni Voices

Ms. Theng Wei Gin shares her story!

I joined St John Singapore (SJS) as my Co-Curricular Activity in secondary school. The Hospital Attachment Program (HAP) that I participated in allowed me to gain insight into what nurses do. Through my interaction with the nurses, I realised that apart from the practical skills, nurses also require skill analytical skills to care for patients. This program made me understand that nurses are highly skilled professionals. It inspired me to join nursing.

After graduating, I decided to pursue my passion for nursing in Nanyang Polytechnic and continued my service to SJS as an officer. I was involved in several public duties such as Formula 1 Grand Prix, Chingay and Christmas Wonderland. These public duties offered me the opportunity to provide pre-hospital care to the casualties. Through these duties, I understood the importance of being proficient in our skills to better provide quality casualty management. Therefore, to further enhance my knowledge and hone my skills, I decided to pursue a nursing degree in Singapore Institute of Technology.

I am currently working as a registered nurse in Tan Tock Seng Hospital (TTSH). As a Neuro-Intensive Care Unit nurse, I care for patients who suffer from stroke and traumatic brain injury. The first aid and home nursing skills I learned and the experiences I have gleaned from SJS are invaluable to my profession.



Ms Theng Wei Gin was a St John student cadet with Deyi Secondary Corps from 2011-2014, and has been serving as Corps Staff Officer (Grade 4) with the St John Brigade Singapore since 2014.



➤ Wei Gin (3rd from right) performing public duty at Christmas Wonderland with other SJS members



CNY Fellowship Tea

Celebrating festive cheer with beloved elders at the St John Singapore Dementia Centre

The Chinese New Year festive vibes was kept high as members of the St John Fellowship hosted the CNY afternoon tea event for 24 clients and 17 staff from the St John Dementia Centre on 3rd February 2023 on the second floor of the dementia centre building.

Sponsored by the Fellowship Advisor, Mr Bobby Lim, BBM, KStJ, the event featured exciting games and music from the Guitar Connection Quartet of Michele, Allen, Roland and Philip. They were a huge hit with all who attended. Besides the popular CNY melodies of 《春风吻上我的脸》 [Spring Breeze Kisses/Caresses My Face], 《恭喜恭喜》 [Congratulations], 《贺新年》 [Happy New Year] and 《迎春花》 [Admiring Flowers/Blossoms In Spring], there were also a medley of Malay folk songs including *Rasa Sayang*, *Burong Kakak Tua*, and *Chan Mali Chan*.

With the joyous atmosphere of singing and dancing, the spirits of our clients and their care workers were high and all cheers to hope and strength for the year ahead.

➤ **Mr. Eric Chong**
Honorary Secretary
St John Fellowship



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