



CHAIRMAN'S MESSAGE

Dear Friends in St John Singapore,

New Year Greetings to each and every one of you. Wishing you, and your respective families, good health and happiness in the coming year. Indeed, the Ox is a symbol of hardiness, and we hope that this will augur well for St John Singapore (SJS) and our Nation. Other characteristics of the Ox include diligence, strength and persistence. May we emulate it as we emerge from the previous challenging year.

Over the past 2 months (November and December 2020), there was a flurry of activity to develop and propose the Budget for 2021. The various divisions within SJS (eg the Brigade, Association, Dementia Centre, Training Centers and Fellowship) worked out cost of activities and events. Each one was discussed in detail, and Council eventually passed the Budget on 16 December 2020.

As Phase 3 started on 28 Dec 2020, we in SJS have continued our vigilance. Our training and operational precautions are based on the most stringent requirements, rules and regulations set by SRFAC, AIC and MOH.

On behalf of the National St John Council of Singapore, I wish all of you, success in all your endeavours during the New Year.

Pro Fide and Pro Utilitate Hominum.

Dr Sayampanathan S R E, PBM, KStJ
Chairman, National St John Council of Singapore



NEW NSJCS SUB-COMMITTEES

Since its formation in last November, the new National St John Council of Singapore (NSJCS) has forged ahead with the various tasks through 8 standing sub-committees. Each sub-committee, led by a council member, functions as a focus group with a specific role closely allied with the objectives of the Council.

Apart from the Council Members and Associate Council Members, our Advisors and a number of senior members from the Association, Brigade, Fellowship and the Secretariate are also appointed to join the Sub-Committees as members and ex-officio members.

AWARDS SUB-COMMITTEE

Chairman

Dr Sayampanathan S R E
PBM, KStJ

Members

Dr Dave Lee, MStJ
Dr Nelson Chua, OStJ
Mr Lim Cheng Eng, BBM(L), OStJ
Mr Ang Chin Koon, PBM, OStJ
Mr Andrew Hodges, CStJ

Ex-Officio Member

Mr Warner Ee

GOVERNANCE, COMPLIANCE & AUDIT SUB-COMMITTEE

Chairman

Prof Sean Rozario

Members

Ms Jenny Wong, MStJ
Dr Dave Lee, MStJ
Dr Nelson Chua, OStJ
Mr William Leong, MStJ
Mr Timothy Ng

Ex-Officio Members

Dr Sayampanathan S R E
PBM, KStJ
Mr Andrew Hodges, CStJ
Mr Warner Ee

BUDGET SUB-COMMITTEE

Chairman

Tan Yak Huang, PB, CStJ

Members

Mr Jerry Ko, MStJ
Ms Nancy Sim, OStJ

Ex-Officio Members

Mr William Leong, MStJ
Mr Warner Ee
Mr Khoo How Thar, MStJ
Mr Thomas Hwa, MStJ
Ms Valerie Ng

HUMAN RESOURCES SUB-COMMITTEE

Chairman

Ms Jenny Wong, MStJ

Members

Bella Tan
Dr Ramesh Subramaniam
Mr Tian Mong Ching, CStJ

Ex-Officio Members

Dr Sayampanathan S R E
PBM, KStJ
Mr Andrew Hodges, CStJ

CORPORATE COMMUNICATIONS SUB-COMMITTEE

Chairman

Mr Timothy Ng

Members

Dr John Lee, MStJ
Dr Kenny Sim, PBM
Mr Chia Keng Hian
BBM, PB, PBS, CStJ
Mr Enoch Chan, MStJ

Ex-Officio Members

Mr Andrew Hodges, CStJ
Mr Warner Ee
Ms Valerie Ng

INTERNAL AUDIT SUB-COMMITTEE

Chairman

Mr Benjamin Cheong, MStJ

Members

Prof (Dr) Low Cheng Hock
JP, BBM, KStJ
Mr Bobby Lim, BBM, KStJ
Mr Timothy Ng

Mr Matthew Chua, MStJ

Ex-Officio Members

Mr Warner Ee
Ms Valerie Ng

FUND RAISING SUB-COMMITTEE

Chairman

Mr Lim Cheng Eng, BBM(L), OStJ

Members

Mr Ang Chin Koon, PBM, OStJ
Dr Kenny Sim, PBM
Mr Chia Keng Hian
BBM, PB, PBS, CStJ

Ex-Officio Members

Mr Tian Mong Ching, CStJ
Mr Warner Ee
Ms Valerie Ng

PUBLICATION SUB-COMMITTEE

Chairman

Mr Ma Poh How, PBM, CStJ

Members

Mr Matthew Chua, MStJ
Mr Eric Chong, OStJ
Mr John Lee, MStJ

Ex-Officio Member

Mr Andrew Hodges, CStJ



ST JOHN VOLUNTEERS JOINING THE FIGHT AGAINST COVID-19

RENDERING ASSISTANCE TO MINISTRY OF HEALTH

Enoch Chan, Head, St John Responder Unit

St John Responder Unit (SJRU), the main operational unit of St John Brigade, has been performing first aid public duties for various community and national events. During the circuit breaker last year, it was also mobilised to assist a medical team at the frontlines of the nation-wide fight against COVID-19.

SJRU coordinated with the Ministry of Health (MOH) before the circuit breaker and was mobilised to assist the Healthcare Volunteer Corps. In particular, a SJRU-coordinated group was on-call daily to support MOH on a need-to basis. Subsequently, a team comprising 4 SJRU and District officers, who are not healthcare professionals, was attached to the Mobile Medical team of Changi General Hospital that was assigned to take care of COVID-19 patients in dormitories.

UP-CLOSE WITH COVID-19 PATIENTS AT DORMITORIES

Sim Hui Shi, District Commissioner (Southwest)

Going into foreign worker dormitories during the surge in COVID-19 was not an easy decision to make but I am glad I did it with the support from my family and friends.

Attached to Changi General Hospital (CGH), we went into the foreign worker dormitories to assist the medical team manned by volunteers from various departments of CGH. This team takes care of the foreign workers during their isolation or recovery. We assisted the team with vital sign taking, preparation of medication, simple wound treatment, COVID swab tests and any emergency treatment.

My most meaningful moment was my encounter with a Malaysian Chinese foreign worker who is both deaf and mute. He can only understand sign language and simple Malay words. To carry out a swab for him, I had to spend longer time to explain the procedure and things to expect in the next few days. It was not easy, but he was such a good patient. He trusted us to lead him through the whole process. When his 5-day isolation ended, he made his way back to the medical post just to pass me a "Thank You" note. At that moment, everything is worth it.

I strongly encourage our volunteers to step forward and make a difference if the situation allows.



Reporting for duties at a dormitory



Carrying out a COVID swab test



IN MEMORIAM TO THE LATE MR FOO SI KWANG, KStJ

Mr Foo Si Kwang, KStJ, a veteran with the St John movement for more than 50 years, passed away on 15 November 2020.

Mr Foo joined the St John Ambulance Division of River Valley Secondary School in 1964 and subsequently served with St John Headquarters as a staff officer from 1981 to 1995 and as Chairman of St John Fellowship (SJF) and a Council Member for 24 years since 1996. He was instrumental in establishing SJF as a strong service arm of St John Singapore, spearheading fund-raising projects for St John and reaching out to the community through social events. He was elected to be the Vice Chairman of the Council at the AGM held on 28 October 2020.

In view of his dedication and devoted services, he was awarded the Serving Brother of The Order of St John in 1999 and subsequently promoted to Officer Brother, Commander Brother and Knight of Grace in 2004, 2010 and 2018 respectively.

The demise of Mr Foo is a great loss to St John Singapore.

COMMISSION CEREMONY OF 28TH OFFICER TRAINING COURSE

Lead with Honour - this guiding motto of Officer Training Course (OTC) has been the timeless mantra of batch after batch of officer cadets, inspiring them to strive for excellence, to persevere, and to drive positive change in the organisation. As our brigade undergoes transformation, the 28th OTC not only prepared the officer cadets to be "Staff Officers" and "Leaders" but also aimed to groom 'Mentors'. With these objectives in mind, the Organising Committee further refined the core values of OTC and the learning approach (as shown in the chart).

28/20 OTC presented us with an unprecedented challenge – to conduct an entirely online course amidst the pandemic. To make up for the lack of face-to-face interaction with the trainees, virtual activities were held to foster team bonding during the lectures and debriefs using Zoom breakout rooms. Guest speakers were invited to share their experiences. Mr Terence Quek, District Councillor at South West Community Development Council, shared on Service Learning. Participants were also prompted to reflect on their motivation to serve and craft a short statement sharing why they want to be an officer of the brigade.

To make the online ceremony just as memorable as the traditional parade, it was broadcasted live on the St John Singapore Facebook page, where parents of the trainees received the e-invitation. During the ceremony held on 19 December 2020, all the 61 course participants recited their WHY statements with gusto to the audiences, including their parents, friends and seniors from St John. Their audio recordings were then pieced together as one majestic recitation of the Officer's Creed for the livestream. At the end of the ceremony, the newly commissioned officers proceeded to put on their new ranks from the comforts of their homes and celebrate the proud moment with their loved ones in quiet intimacy.

To the graduates of 28/20 OTC, we offer our heartiest congratulations to you, and hope that you will use the knowledge and skills gained in the course to do yourselves proud and strive to achieve your WHY statements! The journey has only just begun.

COURSE OBJECTIVES
WHAT WE WANT TO ACHIEVE

LEADERS
MENTORS
STAFF OFFICERS

CORE VALUES
WHAT IT MEANS TO BE IN OTC

EMPATHISE FIRST
CULTIVATE TRUST
TAKE OWNERSHIP
SEEK GROWTH
SERVICE BEYOND SELF

PILLARS OF OTC
OUR LEARNING APPROACH

BUILD A SAFE ENVIRONMENT
EMPOWER INDIVIDUALS
CHALLENGE THINKING & PERCEPTION
REINFORCE EXPERIENTIAL LEARNING

Organising Committee, 28th Officer Training Course 2020



happy

2021



YEAR OF THE OX



FESTIVE CELEBRATIONS AT ST JOHN SINGAPORE DEMENTIA CENTRE (SJSDC)

The month of December 2020 at the Dementia Centre was packed with joyous festive activities - arts and crafts, table gardening and singing. Among other things, the residents and staff celebrated both the Winter Solstice (冬至) and the Christmas with zest. The Centre looked wonderful with walls decked with streamers and many hand-made decorations and cards crafted by our enthusiastic residents.

During the Christmas-eve party, Ms Bella Tan, SJSDC Committee Chairperson, and Mr Warner Ee, CEO cum Centre Manager, gave out tokens of appreciation to the staff and our volunteer, Ms Cecilia Cramer, an Australian Physiotherapist

who drops in twice a week to help with the activities. The day ended with all residents bringing home a goody bag handmade by them for their loved ones.

The Centre, located next to SJS headquarters along Beach Road, was operational in 2017 and officially launched by Social and Family Development Minister Desmond Lee on 22 October 2019. It features an outdoor garden, karaoke area and a wall collage of yesteryear Singapore. It has spaces for physical and cognitive activities as well as a room for staff training. It currently has 22 residents and has a capacity for 30.



Celebrating Dong Zhi with Tang Yuan (sweet dumplings)



Joyous Christmas-eve party, with colourful decorations, sing-along, delicious food, gifts, ...



ST JOHN FIRST AIDERS IN ACTION

St John teams from St John Responder Unit (SJRU) and St John Jurong Centre were deployed to provide first aid coverage for a number of recent community events, including new year countdown fireworks and the "A Better Tomorrow" Festival of Lights.



SJRU members on duty at the sites of new year Countdown Fireworks



Teams from St John Jurong Centre providing FA coverage for the Festival of Lights in late December 2020 and early January 2021.

ST JOHN newsletter

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Mr John Lee, MSTJ
Mr Matthew, MSTJ

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