

Standard First Aid Course

Standard First Aid Course (SFAC) is conducted in both English and Mandarin. SFAC is a 17-hour course covering a myriad of first aid topics, from treating minor bleeding to emergency procedures such as Cardiopulmonary Resuscitation (CPR) and operating the automated external defibrillator (AED). Treatment techniques are taught through theory lessons, practical sessions, and case studies.

Eligibility for Enrolment

Participant must attain at least Secondary Two education otherwise would be a level 5 in Employability Skills System (ESS) Workplace Literacy and Numeracy.

Certification Validity

Upon successful completion of the course, participants will be issued with a credit card sized certificate which is valid for 2 years.

Target Audience

This course is opened to individual with interest in first aid who is voluntary or complying to requirements. The individual must be physically fit and able to render emergency help to another individual.

Training Outcomes

Upon passing the course, participants will be qualified as first aiders to:

- manage injuries like bleeding, burns and fractures
- manage conditions like choking, fainting etc
- perform CPR and operate the AED

Course Content

- Essentials of First Aid
- Unconscious Casualty (Non-Cardiac Arrest)
- Respiratory Problems
- Shock, Bleeding and Bandaging
- Musculoskeletal Injuries
- Burn Injuries
- Other First Aid Knowledge
- CPR + AED
- Theory and Practical Assessments



To register: [St John Singapore](#)

For overview: [Public Information – SRFAC](#)



Accreditation

St John Singapore is accredited with the Singapore Resuscitation and First Aid Council (SRFAC) in the conduct of Standard First Aid Courses.

Course Duration

Full Course: 17 hours (inclusive of assessments) over 2 days.

Refresher Course: 14 hours (inclusive of assessments) over 2 days.

Course Fees

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|--------------------------|--------------------------------|
| Full Course | S\$170.00 (without GST) |
| Refresher Course* | S\$145.00 (without GST) |

Notes

- 1) Course fees stated are not inclusive of GST.
- 2) Course fees are subjected to revision at the discretion of the management without prior notice.
- 3) Self-sponsored participant/s may use SkillsFuture credits to pay for the course fees.
- 4) SSG's subsidy is available for corporate enrolment/s for employee/s who are Singaporeans and PRs with CPF contributions.
- 5) SSG's subsidy is available to employer/s for course fee and absentee payroll funding to fund full-time employees with CPF contributions.
- 6) *For refresher course: kindly furnish provider's certificate that is valid within three (3) months before expiry date.

COURSE CENTRES

St John Headquarters
420 Beach Road
Singapore 199582
Tel: (65) 6298 0300

St John Jurong Centre
209/210 Jurong East St 21, #01-357
Singapore 600209
Tel: (65) 6566 1903/1909

"Working for the Benefits of our Local Communities"