

# Child First Aid Course

Child First Aid Course (CFAC) is conducted in both English and Mandarin. CFAC is a 20-hour course that covers a variety of first aid topics pertaining to children, aged 8 and below. Participants will learn the treatment techniques for many common injuries and medical conditions through theory lessons, practical sessions, and case studies. Treatment techniques are taught through theory lessons, practical sessions, and case studies.

## Eligibility for Enrolment

Participant must attain at least Secondary Two education otherwise would be a level 5 in Employability Skills System (ESS) Workplace Literacy and Numeracy.

## Certification Validity

Upon successful completion of the course, participants will be issued with a credit card sized certificate which is valid for 2 years.

## Target Audience

This course is opened to new parents, child care givers, domestic helpers, individual with interest in first aid who is voluntary or complying to Ministry of Social and Family Development (MSF) for personnel who are in the childcare industry. The individual must be physically fit and able to render emergency help to another individual.

## Training Outcomes

Upon passing the course, participants will be qualified as first aiders to:

- manage injuries like bleeding, burns and fractures
- manage conditions like choking, fainting etc
- perform CPR and operate the AED

## Course Content

- Principles and Practice of First Aid
- Respiratory, Choking, Breathing Difficulties
- Circulation, Cardiopulmonary Resuscitation (CPR) and AED
- Fits, Faints, Unconsciousness, Head, Neck and Spine Injuries
- Fractures, Injuries to Joints and Soft Tissues
- Wounds and Bleeding, Shock
- Other First Aid Knowledge
- Skin Injuries—Bites and Stings, Burns
- Medical Illness—Common Childhood Conditions
- Theory and Practical Assessments



## Accreditation

St John Singapore is accredited with the Singapore Resuscitation and First Aid Council (SRFAC) in the conduct of Child First Aid Courses.

## Course Duration

Full Course: 20 hours (inclusive of assessments) over 3 days.

## Course Fees

**Full Course** **\$S\$250.00** (without GST)

## Notes

- 1) Course fees stated are not inclusive of GST.
- 2) Course fees are subjected to revision at the discretion of the management without prior notice.
- 3) Self-sponsored participant/s may use SkillsFuture credits to pay for the course fees.
- 4) SSG's subsidy is available for corporate enrolment/s for employee/s who are Singaporeans and PRs with CPF contributions.
- 5) SSG's subsidy is available to employer/s for course fee and absentee payroll funding to fund full-time employees with CPF contributions.

To register: [St John Singapore](#)

For overview: [Public Information – SRFAC](#)



## COURSE CENTRES

**St John Headquarters**  
420 Beach Road  
Singapore 199582  
Tel: (65) 6298 0300

**St John Jurong Centre**  
209 Jurong East St 21, #01-357  
Singapore 600209  
Tel: (65) 6566 1903/1909

***“Working for the Benefits of our Local Communities”***