

Basic First Aid + Automated External Defibrillator Course (BFA+AED)

The Basic First Aid course equips individuals with essential knowledge and skills to handle common emergencies and provide initial care until professional medical help arrives. This includes learning CPR and AED, how to treat common injuries like cuts, burns, sprains, and fractures, recognising emergencies such as stroke, heart attack, and choking, and how to apply bandages, splints, and other first aid techniques.

Eligibility for Enrolment

- For students aged between 13-16 years old.

Certification Validity

Participants who successfully complete the course will be issued a BFA+AED Certificate valid for two years.

Target Audience

This course is suitable for students aged 13 to 16 who are keen to learn Basic First Aid and life-saving skills.

Training Outcome

Upon completion, participants receive a certificate recognising their first aid skills, valid for 2 years.

Course Content

Chapter 1: Essentials of First Aid

Chapter 2: Unconscious Casualty

Chapter 3: Respiratory Problems

Chapter 4: Shock, Bleeding, Wounds

Chapter 5: Musculoskeletal Injuries

Chapter 6: Burn Injuries

Chapter 7: Other First Aid Knowledge

Chapter 8: CPR (Hands-only) +AED

To register: [St John Singapore](#)

For overview: [Public Information – SRFAC](#)



Accreditation

St John Singapore is accredited by the Singapore Resuscitation and First Aid Council (SRFAC) to conduct BFA+AED Courses.

Course Duration

- 2 days of in-person training and assessment

Course Fee: S\$ 58 (Without GST)

Notes

- 1) Course fees are not inclusive of GST.
- 2) Course fees are subjected to revision at the discretion of the management without prior notice.

