



St John
Singapore

Standard First Aid Instructor Training Course (SFA ITC)

Standard First Aid Instructor Training Course (SFA ITC) is conducted in English. SFA ITC duration comprises 24 hours of learning including assessments. Participants will be able to learn how to conduct and facilitate First Aid theory and practical skills, such as Bleedings, Fractures, Burns, Choking, Cardiac Arrest (CPR + AED) and some medical emergencies for learners.

Eligibility for Enrolment

- Valid Standard/Child First Aid Provider Certification
- Valid BCLS+AED Provider + Instructor Certification

Certification Validity

Upon completing the course, participants will be issued a SFA Instructor Certificate valid for 2 years.

Target Audience

This course is open to individuals interested in First Aid training. The individual must be physically fit, able to render emergency help to another individual and demonstrate skills.

Training Outcomes

- Upon passing the course, participants will be qualified as a Standard First Aid Provider course Trainer to conduct Standard First Aid theory lectures
- Facilitate practical training like CPR+AED, Choking, Bandaging, etc.

Course Content - Principles of Teaching

Chapter 1: Before You Teach - Program overview
Chapter 2: Being a SRFAC Instructor
Chapter 3: Running Effectively & Keeping Standards
Chapter 4: Strategies To Maximise Learning
Chapter 5: Practice Makes Perfect
Chapter 6: Course Completion

To register: [St John Singapore](#)

For overview: [Public Information – SRFAC](#)



Accreditation

St John Singapore is accredited by the Singapore Resuscitation and First Aid Council (SRFAC) to conduct Standard First Aid Instructor Training Courses.

Course Duration

- 24 hours (3 days) of in-person training and assessment.
- 2 Practicum Assessments (up to 32 hours over 4 days)

Total Duration: 56 hours

Course Fee **S\$2,500.00** (without GST)

Notes

- 1) Course fees are not inclusive of GST.
- 2) Course fees are subjected to revision at the discretion of the management without prior notice.
- 3) Self-sponsored participant/s may use SkillsFuture credits to pay for the course fees.
- 4) SSG's subsidy is available for corporate enrolment/s for employee/s who are Singaporeans and PRs with CPF contributions.
- 5) SSG's subsidy is available to employer/s for course fee and absentee payroll funding to fund full-time employees with CPF contributions.

COURSE CENTRES

St John Headquarters
420 Beach Road
Singapore 199582
Tel: (65) 6298 0300

St John Jurong Centre
209 Jurong East St 21, #01-357
Singapore 600209
Tel: (65) 6566 1903/1909

“Working for the Benefits of our Local Communities”