

# Basic Cardiac Life Support (BCLS) & Automated External Defibrillator (AED) Course

Basic Cardiac Life Support Course (BCLS) is conducted in English. BCLS is a 8-hour course covering a spread of first aid topics, from treating Foreign Body Airway Obstruction (FBAO) to emergency procedures such as Cardiopulmonary Resuscitation (CPR) and operating the Automated External Defibrillator (AED). Treatment techniques are taught through theory lessons, practical sessions, and case studies.

## Eligibility for Enrolment

Participant must attain at least Secondary Two education otherwise would be a level 5 in Employability Skills System (ESS) Workplace Literacy and Numeracy.

## Certification Validity

Upon successful completion of the course, participants will be issued with a credit card sized certificate which is valid for 2 years.

## Target Audience

This course is opened to individual with interest in first aid who is voluntary or complying to requirements. The individual must be physically fit and able to render emergency help to another individual.

## Training Outcomes

Upon passing the course, participants will be qualified as first aiders to:

- manage conditions like FBAO (conscious and unconscious)
- perform CPR and operate the AED

## Course Content

- Introduction to the Heart, Lungs and Circulation
- Heart Attack and Cardiac Arrest
- CPR + AED (Adult/Child)
- CPR + AED (Infant)
- FBAO (Adult/Child)
- FBAO (Infant)
- Theory and Practical Assessments

To register: [St John Singapore](#)

For overview: [Public Information – SRFAC](#)



## Accreditation

St John Singapore is accredited with the Singapore Resuscitation and First Aid Council (SRFAC) in the conduct of BCLS Courses.

## Course Duration

Full Course: 8 hours (inclusive of assessments) in 1 day.

## Course Fees

**Full Course**                      **S\$156.00** (without GST)

## Notes

- 1) Course fees stated are not inclusive of GST.
- 2) Course fees are subjected to revision at the discretion of the management without prior notice.

## COURSE CENTRES

**St John Headquarters**  
420 Beach Road  
Singapore 199582  
Tel: (65) 6298 0300

**St John Jurong Centre**  
209 Jurong East St 21, #01-357  
Singapore 600209  
Tel: (65) 6566 1903/1909

*“Working for the Benefits of our Local Communities”*